



8th International Conference
"Global Peace through Emotional Literacy, Wellness Psychology
of Workplace Behavior, and Effective People Management"

Jointly Organized by
World Without Anger (WWA) (Regd.), Nepal and Global Peace Foundation (GPF) Nepal
In association with World Emotional Literacy League (WELL), USA
& Global Harmony Association (GHA), India

Co-organizer: Quest International College, an affiliate of Pokhara University, Nepal

November 24, 2018
Kathmandu, Nepal



Message from the 8th Int'l Conference Chair



Message for Conference on Global Peace through Emotional Literacy, Wellness Psychology of Workplace Behavior and Effective People Management

I would like to first welcome all the participants to our 8th International Conference on Global Peace.

When talking about peace, it is not about mere avoiding violence in the world, for to create peace outside of the human structure; we need to initially start with peace that is born within the human himself. If we do not plant seeds of peace within ourselves, we are not potentially having the ability to provide peace to others.

Humans must know about themselves, must understand themselves before getting to understand others. They have supremacy over their elements of nature and are capable to reach a higher phase than that of any other creature. Human is a center of creativity and dynamism and gifted with forces of action, appreciation and intelligence, which brings them to cultivate peace within their in-depth soul.

Our world is like one interconnected eco-system, if there is a lack of one person, one community, one voice, it will result in an incomplete peace that will not have a long-term life span. We together need to create a better world to live in.

I sincerely hope that this conference will deliberate and discuss all the different facets of this exciting topic and come up with recommendations that will lead to a better, healthier, merrier world. I would also like to take this opportunity to thank the organizer and my fellow members for giving this honor to be part of the team. Lastly, I congratulate all participants for your commitment and active participation and wish you all the success.

Thank you.

8th International Advisory Committee, Chairperson
Prof. Dr. Saedah Siraj Peace Education Project Director,
Dept. of Education Technology & Curriculum Faculty of Education,
University of Malaya, Kuala Lumpur, Malaysia

Background and Theme

The world in first quarter of the 21st century has increasingly realised the importance and prominence of global peace and human resources to ensure the sustainability of the Earth and human living. While innovation is the growth engine for organisations, it is the human capital that spurs innovation than any other organisational resources for which research into behaviour science, psychology and emotional intelligence has assumed increased value in modern organisations and society.

However, geo-political changes and socio-economic complexities in the recent decades have given rise to erosion in human values, rise in human stress level, and social disturbances in the quality of life of Earth's people. At the dawn of the new millennium, what is required most is to promote global peace through emotional literacy, wellness psychology, management of workplace behaviour, and effective people management. Peace education, emotional intelligence and effective management of human resources and other organisation systems play an important role in building peace and harmony and for achieving balanced development and sustainability in order to develop a globally sustainable, peaceful society.

Goals of the Conference

- To present and explore innovative approaches and practices in emotional intelligence (EI) and behavioural science research and applications;
- To provide a platform for academicians, researchers, clinicians, policymakers, practitioners, and students for intellectual discourse and for presentation of their ideas, research results and innovative practices in the areas of EI, psychology, organisation and human resource management and global peace initiatives;
- To be a platform for fostering exchange of global peace, EI, organisation and people management thoughts between practising academicians and managers; and
- To explore peace education and curriculum developments for teaching and learning emotional skills, and to model programme applications in business, organisations, academic institutions, and government organisations for a sustainable future

The conference slated for November 24, 2018 will be an ideal forum for learning and networking as international scholars, researchers, educators, learners and consultants as well as experts from different professional backgrounds will present their papers and posters on global peace initiatives, Emotional Intelligence (EI) research and applications in the areas of education, organisation behaviour and management, and organisation communication, society, and psychiatric applications.

Call for papers

The conference invites research papers and abstracts, conceptual papers and case studies related to the theme and sub-themes, more particularly in areas of Emotional Intelligence, Education, Psychology, Cross-Cultural Management, Buddhism/ Peace, Human Resource Management, Business and Behavioural Sciences and Organisation Communication.

The conference also solicits contributions of research-based posters that address themes and topics of the conference, including figures, tables and references of novel research materials.

Those willing to present their papers *in-absentia* through a video-conferencing mode can also register by clearly mentioning it.

The subthemes and topics of interest for submission include, but are not limited to:

- ✎ **Peace Psychology and Education**
- ✎ **Global Peace Science**
- ✎ **Emotional Intelligence and Anger Management**
- ✎ **Transforming anger: Recognizing Fear and Nurturing Compassion**
- ✎ **Cross-Cultural Diversity Management**
- ✎ **Transformational Leadership**
- ✎ **Buddhism/ Peace & Harmony**
- ✎ **Human Resource Management**
- ✎ **Behavioural Sciences and Management**
- ✎ **Organisation, personnel, and industrial Psychology**
- ✎ **Mental Health and Rehabilitation**
- ✎ **Management Communication for Peace and Organisational Development**
- ✎ **Global Labour and Peace for Economic Development**
- ✎ **Identity-based Conflict:** Identity-based conflict has its roots in limited, often adversarial conceptions of human community. In the 20th century, identity-based divisions led to genocidal violence and grave human rights abuses. It requires solution and application through an innovative value-based approach to peace building to alleviate radicalism rooted in identity-based conflict
- ✎ **Interfaith Peace Building:** Achieving sustainable peace and development in communities, nations and the world as moral and innovative leaders. Papers should explore solutions and applications to enhance social cohesion, harmony through interfaith peace building
- ✎ **The Chinese Happiness Puzzle:** The puzzle lies in the fact that despite the fast development of Chinese economy, the average happiness level of Chinese people has made no rise during the last 3 decades; it requires analysis of the puzzle from psychological point of view.
- ✎ **New and Emergent IT themes in Global Peace:** Social media and society, Artificial Intelligence and being human, Virtual Reality and the real world, Online media and Truth, Being safe online, Online technologies and global poverty, Mobile communications and the emerging economies

Key-Note Speakers

- **Dr. Dean Van Leuven**, Chairman/Founder, World Emotional Literacy League (WELL), USA; Chief Patron of the 8th WWA International Conference
- **Prof. Dr. Saedah Siraj**, Peace Project Director of University Malaya, Dept. of Education Technology & Curriculum, Faculty of Education, University of Malaya, Kuala Lumpur, Malaysia
- **Prof. Dr. Subarna Lal Bajracharya**, Professor Emeritus, Faculty of Management, Tribhuvan University, Kathmandu, Nepal
- **Prof. Dr. Mahima Birla**, Dean, Faculty of Management, Pacific University, Udaipur, India
- **Assc. Prof. Dr. Antigonos Sochos**, University of Bedford, United Kingdom

Publication

- ✎ All accepted extended abstracts shall be published in conference abstract book. The authors must have registered and completed the formalities of payment of registration fee for inclusion of the paper in conference abstract book.
- ✎ The conference offers the registered participants an opportunity to publish their papers in WWA International Journal (ISSN 2231-3303) published by Cambridge Scholars Publishing (CSP), UK, and WWA Journal (with an ISSN number) for which papers will be selected on the basis of merit and relevance to the journals' theme.
- ✎ Initiatives will be taken to publish other selected papers in UGC-approved journals of different countries.

8th International Conference

Chief Patron

Dr. Dean Van Leuven

Chairman/Founder, World Emotional Literacy League (WELL), USA

Special Patron

Prof. Dr. Subarna Lal Bajracharya

Board Chairman and Principal, Quest International College, Pokhara University, Nepal

Patron

Er. Ram Rohan Panta, President, Global Peace Foundation Nepal

Honorary Patron

Prof. Dr. Talbot W. Rogers, USA

8th International Advisory Committee, Chairperson

Prof. Dr. Saedah Siraj

Peace Project Director, Dept. of Education Technology & Curriculum
Faculty of Education, University of Malaya, Kuala Lumpur, Malaysia

8th Int'l Scientific Committee Chairperson

Prof. Dr. Murari Prasad Regmi

Chief Advisor, WWA, and Tribhuvan University Teaching Hospital, Department of Psychiatry & Mental Health, Tribhuvan University, Nepal

8th National Scientific Committee Chairperson

Prof. Dr. Shishir Subba

Chairman, Subject Committee, Dept. of Psychology, Faculty of Humanities & Social Sciences
Tribhuvan University, Nepal

Convener of the 8th International Conference

Arhan Sthapit, *PhD*

Asst. Professor

Faculty of Management, Tribhuvan University;
Visiting Faculty, Quest International College,
NEPAL

Madhya Zhagan, *PhD*

Senior Lecturer

Dept. of Educational Psychology & Counselling
Faculty of Education, University of Malaya,
MALAYSIA

8th International Conference Scientific Committee

<i>Chairperson</i>	
Prof. Dr. Murari Prasad Regmi Tribhuvan University Teaching Hospital, Department of Psychiatry & Mental Health Tribhuvan University, NEPAL [Chief Editor, WWA Int'l Journal]	
<i>Members</i>	
Prof. Dr. Karen Schamling Vice Chancellor of Academic Affairs, Associate Vice President of Academic Affairs, and Dean, Washington State University, USA [Editor, WWA Int'l Journal Editorial Board]	Prof. Dr. Yasuo Nakatani Professor of Applied Linguistics, Hosei University JAPAN
Associate Prof. Dr. Antigonos Sochos University of Bedford, UNITED KINGDOM [Co-Editor, WWA Int'l Journal]	Prof. Dr. Michael Waldo New Mexico State University USA
Prof. Dr. Mahima Birla Dean, Faculty of Management Pacific University, Udaipur Rajasthan, INDIA	Asst. Prof. Dr. Arhan Sthapit Faculty of Management Tribhuvan University, NEPAL [Co-Editor, WWA Int'l Journal]
Prof. Dr. Shishir Subba Former Head, Department of Psychology, Tribhuvan University, NEPAL	Assoc. Prof. Rajendra Man Shrestha Dept. of Statistics, Padma Kanya Campus Tribhuvan University, NEPAL

8th International Conference Organizing Steering Committee

Chair: Dr. Laxman Shakya, Vice President, WWA

Members: Mr. Mukunda Raj Khanal, Executive Member, WWA
Asst. Prof. Dr. Ritu Sekhri, P.G. Govt. College, Chandigarh [INDIA]
Amanda Root, Secretary, World Emotional Literacy League (WELL) [USA]
Kashi Nath Khanal, CEO, Quest International College, Lalitpur [NEPAL]
Asst. Prof. Woldeab Daniel, Arba Minch University [ETHIOPIA]
Asst. Prof. Dr. Haifeng Fu, XI'An Jiaotong-Liverpool University [CHINA]

International Organizing Secretary

Mr. Dess Mardan Basnet, Founder/President of WWA, and
Research Scholar, Pacific University, India

8th International Conference IT & Promotion Committee

Coordinator: Ramesh Kunwar, Board Member and IT Faculty, Quest International College
Members: Anup Aryal, and Bidur Giri, WWA [NEPAL]

8th International Advisory Committee

Chairperson		
Prof. Dr. Saedah Siraj Peace Project Director of University Malaya, Dept. of Education Technology & Curriculum Faculty of Education, University of Malaya, Kuala Lumpur, Malaysia		
Members		
Prof. Dr. Tulasi Ram Vaidhya Former Vice-Chancellor, Lumbini Buddhist University Lumbini, NEPAL	Prof. Dr. Ravindra Kumar (Awarded with <i>Padma Shri</i>) Former Vice Chancellor, Meerut University, INDIA	Prof. Dr. Aradhana Shukla Campus Dean (Arts), S.S.J. Campus, Kumaun University, Almora, INDIA
Prof. Dr. Ampu Hari Krishnan University Registrar; and Dean, School of Arts, Management & Education Indus International University, Himanchal Pradesh, INDIA	Prof. Dr. Uma Joshi Director, AIBAS Amity University Jaipur, Rajasthan INDIA	Prof. Dr. Anand Kumar President, Indian Academy of Health Psychology Former Head, Dept of Psychology Mahatma Gandhi Kashi Vidyapith, Varanasi, INDIA
Dr. Art Trejo Information Management, High Technology & Research Scholar, University of Phoenix USA and MEXICO	Prof. Bhimsen Das Pradhan Member of Parliament and former Minister for Defense, Government of Nepal NEPAL	Prof. Dr. Subash Chandra Global Peace Association (GHA) President and Board Chairman GHA Ambassador of Peace and Disarmament from Harmony
Asst. Prof. Dr. Asha Menon Dept. of Human Development, S.P.N. Doshi Women's College, Mumbai, INDIA	Prof. Dr. Khadga M. Shrestha Former Registrar, Lumbini Buddhist University (LBU) Lumbini, NEPAL	Asst Prof Dr Roshan Lal Dahiya Department of Psychology Punjab University Chandigarh, INDIA
Prof. Dr. Krishna Shrestha Principal, Prime College, Tribhuvan University, NEPAL	Prof Dr Shreedhar Gautam Patan Multiple Campus, Tribhuvan University, Nepal	Dr. Rajesh Kumar Post Graduate Government College, Sector-46, Chandigarh
Dr. Khagendra P. Subedi Chief Psychologist, Public Service Commission Government of NEPAL	Sudhama Karki, Managing Director Around the Himalayas NEPAL	Dr. (Ms.) Shelina Bhamani Consultant (Early Childhood Development & Education Project); General Secretary, Awareness Voluntary Organization, Pakistan
Udaya Raj Poudel Director, Quest Int'l College Pokhara University, Nepal	Dr. Sozein Krog Researcher, South Africa	Prakash Silwal Sr. Journalist, National News Agency (RSS) and Educational Journalist Group, Nepal

Conference Management Committee	Hospitality Committee
Chairperson: Bharat Giri, WWA Members: Dr. Shaligram Bhattarai, Executive Member, WWA Suraj Shakya, Executive Member, WWA Ms. Kripa Sigdel, ED, Psychobigyaan Network Nepal (<i>In-charge, Conference Volunteering Team</i>) Rajesh Gupta, MBA Programme Manager, Quest Int'l College Namita Karki, Board Member, WWA Santa Gautam, Board Chair, Bachan Saving & Credit Co-op. Ltd. Santosh Chandra Khatiwada Minu Pathak Chandra Kumar Wagle Hari Timalina Apsara Lohani Neha Maheshwari (WWA Representative to India)	Chairperson: Suresh Dhimel, WWA Co-Chair: Dipendra Phuyal, WWA Members: Purshottam Giri Hari Chandra Phuyal Ujan Shrestha Manohari Tiwari Sijan Shrestha Prameshwor Timalina

Who should participate?

- Educational leaders and academicians including research scholars
- Government representatives and policy-makers
- Members from Civil societies, NGOs and INGOs.
- Individuals interested in EI, organisation behaviour and psychology research
- Managers, HR practitioners, executive-level decision makers
- Behavioural and social scientists
- Students and learners

Important Dates

The last date of submission of abstract: October 24, 2018
 Notification of acceptance: Within 1 week after submission
 Full paper submission: 1 November, 2018
 Registration deadline: 15 November, 2018
 Conference date: November 24, 2018

Registration Details

The participants are requested to register by sending the duly filled Registration Form through e-mail along with their research paper and registration fees (through Money Transfer/ SWIFT Transfer). Bank details are available at the registration form, and can be obtained from the Conference Secretariat.

Conference Registration Fees

Registration Fees: Categories	SAARC Countries		International Delegate		
	**Early-bird Reg. Jan-April 30, 2018	Normal Reg.	**Early-bird Reg. January to April 30, 2018	Normal Registration	*Spot Registration
Industrial Delegates	4000 INR	5000 INR	250 USD	300 USD	350 USD
Academic Faculty	3500 INR	5000 INR	200 USD	300 USD	350 USD
Research Scholars	3000 INR	4000 INR	200 USD	250 USD	300 USD
Participants /Students	2000 INR	3500 INR	200 UDS	250 USD	275 USD
Individual Nepalese participants	1500 NRs.	2000 NRs.	0		
Institutional Nepalese participants	10,000 NRs	15,000 NRs	0		

**Early-bird registration refers to the registration till April 30, 2018

*Spot Registration is the one done on the spot of conference venue itself

Registration fee includes:

- Hi-tea, lunch, snacks and tea on the conference day
- Conference kit containing conference abstract book, programme details, and other publications
- Conference certificate

Abstract or Paper Submission

Submission of an abstract of a paper with maximum 150 words should be submitted to the Conference Secretariat. All papers and abstracts will be reviewed and authors will be notified of the review decision within two weeks of submission. Only electronic submissions will be accepted.

E- Mail ID: editor@worldwithoutanger.org

Contact for Queries

Dr. Laxman Shakya, Chair
8th International Organizing Steering Committee
Email: laxman@worldwithoutanger.org

Hospitality Partner:

Boudha Stupa View Guest House
Boudha Gate, Kathmandu,
Nepal

Tour & Travel Partner:

Mr. Sudama Karki
Managing Director
Around the Himalayas Nepal
Kathmandu, Nepal
Email: info@worldwithoutanger.org

About World Without Anger (WWA)

Registered in August 2007 under the Societies Registration Act, 1977, WWA is a non-governmental, non-profit organization established with a view to implementing emotional intelligence education for preventing devastating effects of anger on individuals, their families, and their communities, and to contribute to the peace promotion in the world and Nepal, the birthplace of Lord Buddha. WWA is affiliated with Life Without Anger (LWA), Oregon, USA in 2007 and in 2009 with World Emotional Literacy League (WELL) USA. WWA works with local and international peace-promoters to create peace in a strategic and constructive ways. WWA has been working to create the anger-free society Dr. Dean Van Leuven first presented to the world in his book "A Life Without Anger," in order to bring peace to the heart, home, society, nations and the world.

WWA provides emotional intelligence training to school and university students, communities, groups, government bodies, and other service organizations. The training aims at transforming negative emotions into positive ones in all aspects of our society. In the broader sense, it strives to spread the inclusive approach of Dr. Dean, in terms of teaching/learning, the principles of Emotional Literacy training in the world for the mission of building World Peace.

About Global Peace Foundation (GPF) Nepal

The Global Peace Foundation (GPF) is an international non-sectarian, non-partisan, non-profit organisation, which promotes an innovative, values-based approach to peace building, guided by the vision of One Family under God. GPF engages and organizes a global network of public and private-sector partners who develop community, national, and regional peace building models as the foundation for ethical and cohesive societies. The Global Peace Foundation affirms the importance of universally recognized principles and shared values as essential to building social cohesion within nations and the global community.

GPF Nepal has been co-partnering with the WWA since 2010 in organising international conferences in different themes related to global peace, EI, psychology and behaviour sciences.

World Emotional Literacy League (WELL), USA

It is a non-profit educational project established with the objective of teaching *Emotional Literacy* to the people of the world. It believes that ensuring everybody has a fundamental understanding of anger and other negative emotions will help us all lead a life that is peaceful, meaningful, and joyful. *Emotional Literacy* helps us to advance personally and as a society as much as the ability to read, write, and do mathematics does. Nepal is the first country in the world to introduce this training in schools on a national level.

National Association of Psychological Science (NAPS), India:

It is an endeavour for the development, representation and advancement of different areas of psychology as a science. NAPS aims to promote, advance and disseminate the interests of scientifically oriented psychological and entrepreneurial research and application for benefit of an individual and society concern. It provides the platform for the scholarly exchange research in different areas of psychology and publishes a bi-annual Indian Journal of Psychological Science.

Global Harmony Association (GHA), India

Founded in 2005, the GHA pursues a mission to bring global peace from harmony and to build a conscious way for harmonious civilisation on scientifically based 'ABC of Harmony' and through 'Global Peace Science' general education. GHA since February 15, 2005 is an international NGO uniting more than 600 members in 65 countries and more than one million participants from the GHA collective members in 80 countries.

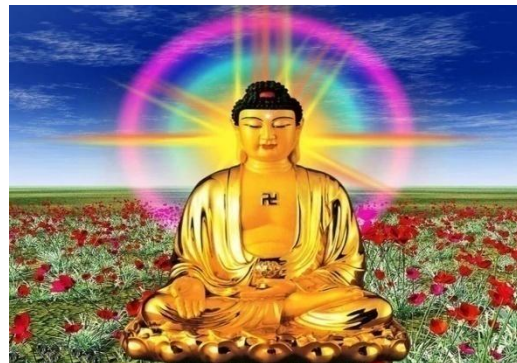
Quest International College

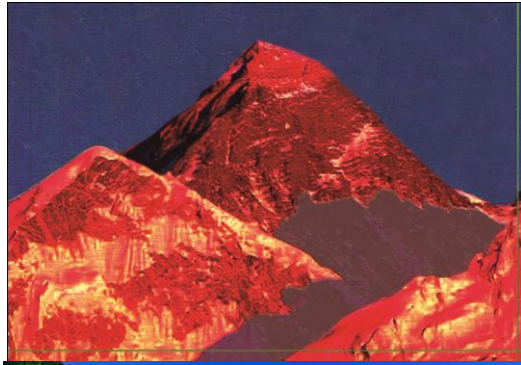
Established in 2009 and affiliated with Pokhara University, Nepal, QIC is a management school that offers an ideal setting for learning that envisions creating a centre for Academic Excellence in management education and development, by imparting quality management education, professional development skills and capabilities, and contributing significantly in the field of research and development. It has been running MBA, BBA, and BHM programmes at its school in Gwarko, Lalitpur. It aims at producing future businessmen, top global executives, and bankers, managers who can handle government and private organisations efficiently.

About Nepal & Historical Places

Nepal is the birthplace of Lord Buddha, the Champion of Peace. Lumbini is hallowed ground as Shakyamuni Buddha was born here in southern Nepal more than twenty-five hundred years ago. As a sacred birthplace, it is an important pilgrimage site for Buddhists from around the globe.

Kathmandu is the largest city and capital of Nepal and the namesake of the Kathmandu Valley. The city is located in the north-western part of Kathmandu Valley and it covers an area of 50.67 square kilometres. The city generally has a pleasant climate with comfortable warm days followed by the cool mornings and nights. Kathmandu's Tribhuvan International Airport is the largest and only international airport in Nepal.





The city's rich history is nearly 2000 years old, as inferred from an inscription in the valley. The ancient and refined traditional culture in Kathmandu, for that matter in the whole of Nepal, is an uninterrupted and exceptional meeting of the Hindu and Buddhist ethos practiced by its highly religious people. It has also embraced in its fold the cultural diversity provided by the other religions such as Jainism, Islam and Christianity. People of other religious beliefs also live in Kathmandu giving it a cosmopolitan culture.

Kathmandu valley has been described as "An Enormous Treasure House of Art and Sculptures". These treasures are made of wood, stone, metal and terracotta, and found in profusion in various temples, shrines, Stupas, Gumbas (Gompas), Chaityas, Vihars and palaces. Kathmandu is the best place to shop in Nepal for contemporary handicrafts, fashion clothing, great books, music or traditional souvenirs and curios.