



"The Dean of Peace"



9th International Conference

**"Global Peace through Emotional Intelligence Education (EQ/EI), Organization Management and Positive Psychology for Inner Peace, Business Success and A Better Life".**

**Jointly Organized by**

**World Without Anger (WWA) (Regd.), Nepal and Global Peace Foundation (GPF) Nepal**

**In association with EQ4Peace Worldwide, Inc., USA**

**25-26 October, 2019**

**Co-organizer: Samridhhi College, Banasthali, Kathmandu, Nepal**

## Conference Background and Theme

The world in the first quarter of the 21st century has increasingly realized the importance and prominence of global peace and human resources to ensure the sustainability of the earth and human living. While innovation is the growth engine for organizations, it is the human capital that spurs innovation more than any other organizational resources. *"Emotions Drive People. People Drive Performance"*. Therefore, research into peace science, behavioural science, positive psychology and emotional intelligence education has assumed increased value in modern organizations and society. The emotional intelligence conference at the United Nations Headquarters in New York, USA shares key strategies for using emotional intelligence to fuel the U.N. Sustainable Development Goals, so the world's largest emotional intelligence project is building capacity for a future filled with wellbeing (SDG#3), fuelled by the capacity for children's right to flourish.

Since 2007 AD, our non-profit NGO called World Without Anger (WWA) has been implementing the "Life Without Anger Emotional Educational Program" (LWAEEP) to over 7,500 kids in Nepal to teach them EQ and Peace education. This effort was pioneered personally by Dr. Dean Van Leuven, "The Dean of Peace", (RIP) founder of World Emotional Literacy League (WELL), - USA and co-founder of EQ4Peace Worldwide, Inc., USA.

However, geo-political changes and socio-economic complexities in recent decades have given rise to erosion in human values, a rise in human stress level, and social disturbances in the quality of life of earth's people. At the dawn of the new millennium, what is required most is to promote global peace through emotional literacy, wellness psychology, management of workplace behaviour, and effective people management. Peace education, emotional intelligence and effective management of human resources and other organization systems play a critical role in building peace and harmony and for achieving balanced development and sustainability to develop a globally sustainable, peaceful society.

## Goals of the Conference

- To present and explore innovative approaches and practices in emotional intelligence (EQ/EI), peace education and behavioural science research and applications;
- To provide a platform for academicians, researchers, clinicians, policymakers, practitioners, and students for intellectual discourse and for presentation of their ideas, research results and innovative practices in the areas of emotional intelligence, positive psychology, organization and human resource management and global peace initiatives;

- To be a platform for fostering exchange of global peace, emotional intelligence, organization and people management thoughts between practicing academicians and managers; and
- To explore peace education and curriculum developments for teaching and learning emotional skills, and to model programme applications in business, organizations, academic institutions, and government organizations for a sustainable future.

The **9<sup>th</sup> International Peace Conference on 25-26 October 2019** will be an ideal forum for learning and networking as international scholars, researchers, educators, learners and consultants as well as experts from different professional backgrounds will present their papers and posters on global peace initiatives, emotional intelligence research and applications in the areas of education, organization behaviour and management, and organization communication, society, and psychiatric applications.

### Call for Papers

The conference invites research papers and abstracts, conceptual papers and case studies related to the theme and sub-themes, more particularly in areas of Global Peace, Emotional Intelligence (EQ), Education, Positive Psychology, Cross-Cultural Management, Buddhism/Peace, Human Resource Management, Business and Behavioural Sciences and Organization Communication.

The conference also solicits contributions of research-based posters that address themes and topics of the conference, including figures, tables and references of novel research materials.

Those willing to present their papers in-absentia through a video-conferencing mode can also register by clearly mentioning it.

### Conference Subthemes

- ✕ Peace Psychology and Education
- ✕ Global Peace Science
- ✕ Emotional Intelligence (EQ) and Anger Management
- ✕ The Personality Traits Linked to Good Mental Health
- ✕ Transforming Anger: Recognizing Fear and Nurturing Compassion
- ✕ Cross-Cultural Diversity Management
- ✕ Transformational Leadership
- ✕ Buddhism /Peace&Harmony
- ✕ Human Resource Management
- ✕ Behavioural Sciences and Management
- ✕ Organization, Personnel, and Industrial Psychology
- ✕ Mental Health and Rehabilitation
- ✕ Management Communication for Peace and Organizational Development
- ✕ Global Labour and Peace for Economic Development

### Topics of Interest

- ✕ **Peace through emotional literacy in the modern World:** Emotional literacy has been accepted worldwide as a latest invention in the intellectual arena. Emotional intelligence can contribute a lot to establish peaceful atmosphere at all levels of individual, family, society, national and international.
- ✕ **Life without Anger brings happiness in life:** “Life Without Anger” will teach the knowledge and skills necessary to make the human life more precious and useful. It helps to learn how to install new beliefs and function effectively in a "life".

- ✂ **Identity-based Conflict:** Identity-based conflict has its roots in limited, often adversarial conceptions of human community. In the 20<sup>th</sup> century, identity-based divisions led to genocidal violence and grave human rights abuses. It requires solution and application through an innovative value-based approach to peace building to alleviate radicalism rooted in identity-based conflict.
- ✂ **Mental Benefits of Yoga:** Yoga's positive benefits on mental health have made it an important practice tool of psychotherapy. It increases body awareness, relieves stress, reduces muscle tension, strain, and inflammation, sharpens attention and concentration, and calms and centers the nervous system.
- ✂ **Interfaith Peace Building:** Achieving sustainable peace and development in communities, nations and the world as moral and innovative leaders. Papers should explore solutions and applications to enhance social cohesion, harmony through interfaith peace building.
- ✂ **Peace through Buddhist Practices:** Buddhism was founded by the Gautam Buddha who always stood for peace and non-violence throughout his life. Buddhism therefore is dedicated to peace and harmony throughout the human history up to date.
- ✂ **The Chinese Happiness Puzzle:** The puzzle lies in the fact that despite the fast development of the Chinese economy, the average happiness level of Chinese people has made no rise during the last 3 decades; it requires analysis of the puzzle from psychological point of view.
- ✂ **New and Emergent IT themes in Global Peace:** Social media and society, Artificial Intelligence and being human, Virtual Reality and the real world, Online media and Truth, Being safe online, Online technologies and global poverty, Mobile communications and the emerging economies.

### Keynote Speakers

- **Prof. Dr. Lekh Nath Sharma**, Vice-Chancellor, Nepal Open University, Nepal
- **Mr. Matt Perelstein**, CEO/Co-Founder, EQ4Peace Worldwide, Inc. – USA
- **Prof. Dr. Subarna Lal Bajracharya**, Professor Emeritus, Faculty of Management, Tribhuvan University, Kathmandu, Nepal
- **Prof. Dr. Shishir Subba**, Former Asst. Dean, Faculty of Humanity and Social Sciences, Tribhuvan University

### Abstract and Paper Publication

- ✂ All accepted abstracts shall be published in conference abstract book. The authors must have registered and completed registration fee payment for inclusion of their paper.
- ✂ The conference offers the registered participants an opportunity to publish their papers in WWA International Journal (ISSN 2231-3303). WWA Journal for which papers will be selected on the basis of merit and relevance to the journals' theme. The selected presented papers will be published after making the peer-review by the concerned scholars.
- ✂ All papers will also be submitted to the US National Institute for Medicine Library of Science for publication.

# 9th International Conference

## Organizers

### Co-Founder and Ex-Chief Patron

**Dr. Dean Van Leuven, "The Dean of Peace"**(RIP)  
World Emotional Literacy League (WELL), USA

### Chief Patron

**Mr. Matt Perelstein**  
CEO/Co-Founder, EQ4Peace Worldwide, Inc. - USA

### Special Patron

**Prof. Dr. Lekh Nath Sharma**  
Vice-Chancellor, Nepal Open University, Nepal

### Patrons

**Er. Ram Rohan Panta**  
President, Global Peace Foundation Nepal

**Prof. Dr. Subarna Lal Bajracharya**  
Professor Emeritus, Tribhuvan University,

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### Int'l Advisory Committee, Chairperson

#### Chairperson

**Prof. Dr. Shilu Manandhar Bajracharya**  
Dean, Faculty of Management and Law  
Nepal Open University, Nepal

### Scientific Committee Chairperson

#### **Prof. Dr. Murari Prasad Regmi**

Chief Advisor, WWA, and Tribhuvan University Teaching Hospital, Department of Psychiatry  
& Mental Health, Tribhuvan University, Nepal

### Convener of the 9<sup>th</sup> International Conference

**Arhan Sthapit, PhD**  
Professor,  
Faculty of Management,  
Nepal Open University

**Madhya Zhagan, PhD**  
Senior Lecturer  
Dept. of Educational Psychology  
& Counselling  
Faculty of Education,  
University of Malaya, MALAYSIA

## Scientific Committee

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<b><i>Members</i></b>	
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<b>Associate Prof. Dr. Antigonos Sochos</b> University of Bedford, UNITED KINGDOM [Co-Editor, WWA Int'l Journal]	<b>Prof. Dr. Michael Waldo</b> New Mexico State University USA
<b>Prof. Dr. Mahima Birla</b> Dean, Faculty of Management Pacific University, Udaipur Rajasthan, INDIA	<b>Prof. Dr. Arhan Sthapit</b> Faculty of Management Open University Nepal [Co-Editor, WWA Int'l Journal]
<b>Prof. Dr. Shishir Subba</b> Former Head, Department of Psychology, Tribhuvan University, NEPAL	<b>Assoc. Dr. Prof. Rajendra Man Shrestha</b> Dept. of Statistics, Padma Kanya Campus Tribhuvan University, NEPAL

## Steering Committee

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[NEPAL]

Mr. Mukunda Raj Khanal, Executive Member, WWA  
Asst. Prof. Dr. Ritu Sekhri, P.G. Govt. College, Chandigarh [INDIA]

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Research Scholar, Pacific University, India

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*Members:* Anup Aryal, and BidurGiri, WWA [NEPAL]

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**Prof. Dr. Shilu Manandhar Bajracharya**

Dean, Faculty of Management and Law  
Nepal Open University, Nepal

### *Co-Chairman*

**Prof. Dr. Roshan Lal**

President, National Association Psychological Science(NAPS) India

### *Members*

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<b>Prof. Dr. Ampu Harikrishnan</b> University Registrar; and Dean, School of Arts, Management & Education Indus International University, Himanchal Pradesh, INDIA	<b>Prof. Dr. Uma Joshi</b> <b>Director</b> , AIBAS Amity University Jaipur, Rajasthan, India	<b>Prof. Dr. Anand Kumar</b> President, Indian Academy of Health Psychology Former Head, Dept of Psychology Mahatma Gandhi Kashi Vidyapith, Varanasi, INDIA
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<b>Prof. Dr. Milan Ratna Shakya</b> Former Head, Central Department of Buddhist Studies, Tribhuvan University, NEPAL	<b>Prof Dr Shreedhar Gautam</b> , Patan Multiple Campus, Tribhuvan University, NEPAL	<b>Dr. Rajesh Kumar</b> Post Graduate Government College, Sector-46, Chandigarh, INDIA
<b>Dr. Khagendra P.Subedi</b> Chief Psychologist, Public Service Commission Government of NEPAL	<b>Mr. Sudhama Karki</b> , Managing Director Around the Himalayas NEPAL	<b>Dr. (Ms.) Shelina Bhamani</b> Consultant (Early Childhood Development & Education Project); General Secretary, Awareness Voluntary Organization, Pakistan
<b>Dr. Balbinder Kumar</b> , Assistant Professor, UIIS, PUSSGRC, Hoshiarpur, INDIA  Asst. Prof. Dr. Haifeng Fu, XI'AnJiaotong-Liverpool University [CHINA]	<b>Dr. Vinent Luizzi</b> , Professor of Philosophy, Director of Dialogue Development, Department of Philosophy, Texas State University, USA	<b>Mr. Prakash Silwal</b> Sr. Journalist, National News Agency (RSS) and Educational Journalist Group, NEPAL

<b>Conference Management Committee</b>	<b>Hospitality Committee</b>
<p><b>Chairperson:</b> Bharat Giri, WWA</p> <p><b>Members:</b> Dr. Shaligram Bhattarai, Executive Member, WWA Mr. Saneep Shrestha, Principal, Sambriddhi College Mr. Suraj Shakya, Executive Member, WWA Ms. Kripa Sigdel, ED, Psychobigyaan Network Nepal (<i>In-charge, Conference Volunteering Team</i>) Ms. Santa Gautam, Board Chair, Bachan Saving &amp; Credit Co-op. Ltd. Minu Pathak, Sr. Teacher, Gram Sewa High School, Kathmandu, Nepal Chandra Kumar Wagle Bishnu Bhakta Timalisina, President, SS Nepal Apsara Lohani Neha Maheshwari (WWA Representative to India)</p>	<p><b>Chairperson:</b> Suresh Dhimal, WWA</p> <p><b>Co-Chair:</b> Dipendra Phuyal, WWA</p> <p><b>Members:</b> Purshottam Giri Hari Chandra Phuyal Ujan Shrestha Manohari Tiwari Sijan Shrestha Prameshwor Timalisina</p>

### Who should participate?

- Educational leaders and academicians including research scholars
- Government representatives and policy-makers
- Members from Civil societies, NGOs and INGOs.
- Individuals interested in EI, organization behaviour and psychology research
- Managers, HR practitioners, executive-level decision makers
- Behavioural and social scientists
- Students and learners

### Important Dates

- The last date of submission of abstract: 7 October 2019
- Notification of acceptance: Within 1 week after submission
- Full paper submission: 15 October 2019
- Registration deadline: 25 October 2019
- Conference dates: 25-26 October 2018

### Registration Details

The participants are requested to register by sending the duly filled Registration Form through e-mail along with their research paper and registration fees (through Money Transfer/SWIFT Transfer). Bank details are available at the registration form and can be obtained from the Conference Secretariat.

## Conference Registration Fees

Registration Fees: Categories	SAARC Countries		International Delegate		*Spot Registration
	**Early-bird Reg. Jan-April 30, 2019	Normal Reg.	**Early-bird Reg. Jan-April 30, 2019	Normal Registration	
Industrial Delegates	4000 INR	5000INR	250 USD	300 USD	350 USD
Academic Faculty	3500 INR	5000INR	200 USD	300 USD	350 USD
Research Scholars	3000 INR	4000INR	200 USD	250 USD	300 USD
Participants /Students	2000 INR	3500 INR	200 UDS	250 USD	275 USD
Individual Nepalese participants	1500 NRs.	2000NRs.	0		
Institutional Nepalese participants	10,000 NRs	15,000NRs	0		

\*\*Early-bird registration refers to the registration till April 30, 2019

\*Spot Registration is the one done on the spot of conference venue itself

### **Registration fees include**

- Hi-tea, lunch, snacks and tea on both conference days
- Conference kit containing printed conference abstract book, programme details, and other publications
- Personalized conference completion certificate

### **Abstract or Paper Submission**

Submission of an abstract of a paper with maximum 150 words should be submitted to the Conference Secretariat. All papers and abstracts will be reviewed, and authors will be notified of the review decision within two weeks of submission. Only electronic submissions will be accepted.

E- Mail:

### **Contact for Queries**

Dr. Laxman Shakya, Chair  
9<sup>th</sup>International Organizing Steering Committee  
Email: [wwa2019conference@gmail.com](mailto:wwa2019conference@gmail.com)  
<http://bit.ly/9thEQConference>

#### **Hospitality Partner:**

Alpine Club of Himalayan P. Ltd.  
Thamel, Kathmandu, Nepal  
Email: [wwa2019conference@gmail.com](mailto:wwa2019conference@gmail.com)

#### **Tour & Travel Partner:**

Mr. Sudama Karki  
Managing Director  
Around the Himalayas - Nepal  
Kathmandu, Nepal  
Email: [wwa2019conference@gmail.com](mailto:wwa2019conference@gmail.com)

## **About Us**

### **World Without Anger (WWA) - Nepal**

Registered in August 2007 under the Societies Registration Act of 1977, WWA is a non-governmental, non-profit organization established with a view of implementing emotional intelligence education for preventing devastating effects of anger on individuals, their families, and their communities, and to contribute to the peace promotion in the world and Nepal, the birthplace of Lord Buddha. WWA has been affiliated with Life Without Anger (LWA), Oregon, USA since 2007 and with the World Emotional Literacy League (WELL) - USA since 2009. WWA works with local and international peace-promoters to create peace in a strategic and constructive ways. WWA has been working to create an anger-free society, as Dr. Dean Van Leuven first presented in his book "Life Without Anger," in order to bring peace to the hearts, homes, societies and nations of the world.

WWA provides emotional intelligence training to school and university students, communities, groups, government bodies, and other service organizations. The training aims at transforming negative emotions into positive ones in all aspects of our society. In the broader sense, it strives to spread the inclusive approach of Dr. Dean, in terms of teaching/learning, the principles of Emotional Literacy training in the world for the mission of building World Peace.



## **Global Peace Foundation (GPF) - Nepal**

The Global Peace Foundation (GPF) is an international non-sectarian, non-partisan, non-profit organization, which promotes an innovative, values-based approach to peace building, guided by the vision of One Family under God. GPF engages and organizes a global network of public and private-sector partners who develop community, national, and regional peace building models as the foundation for ethical and cohesive societies. The Global Peace Foundation affirms the importance of universally recognized principles and shared values as essential to building social cohesion within nations and the global community. GPF Nepal has been co-partnering with the WWA since 2010 in organising international conferences in different themes related to global peace, EI, psychology and behaviour sciences.

## **EQ4Peace Worldwide, Inc. - USA**

EQ4Peace is a new USA-based non-profit dedicated to enhancing and expanding peace through emotional intelligence and emotional literacy education, globally. The critical EQ life skills of inner peace, interpersonal peace and social peace are teachable skills, so emotional (EQ) and peace education are our best step toward global peace.

## **World Emotional Literacy League (WELL) - USA**

WELL is an educational project established with the objective of teaching *Emotional Literacy* to the people of the world. WELL believes that ensuring everybody has a fundamental understanding of anger and other negative emotions will help us all lead a life that is peaceful, meaningful and joyful. *Emotional Literacy* helps us to advance personally and as a society as much as the ability to read, write, and do mathematics. Nepal is the first country in the world to approve this training in schools on a national level.

## **National Association of Psychological Science (NAPS) - India**

It is an endeavour for the development, representation and advancement of different areas of psychology as a science. NAPS aims to promote, advance and disseminate the interests of scientifically oriented psychological and entrepreneurial research and application for the benefit of both individuals and society. NAPS provides the platform for the scholarly exchange of research in different areas of psychology and publishes a bi-annual 'Indian Journal of Psychological Science'.

## **Samriddhi College - Nepal**

It is the aim of Samriddhi College to provide education that every student deserves. Samriddhi College, appreciate diversity and realize that each student is different and should be treated as a unique individual. Our constant endeavor is to help each student realize his/her full potential and discover new horizons in learning.

We believe in bringing out the best in our students so that they can rise to the top ever empowered by a belief in unlimited human potential. At Samriddhi College, creativity is nurtured, with learners being treated as just learners, imbued with a passion for knowledge and discovery and not as rote machines. There are no boundaries for learning and we always encourage trying out new ideas. It's a College for the 21st century where learning is fun and life-long.

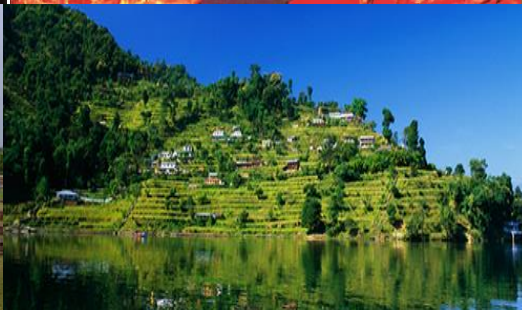
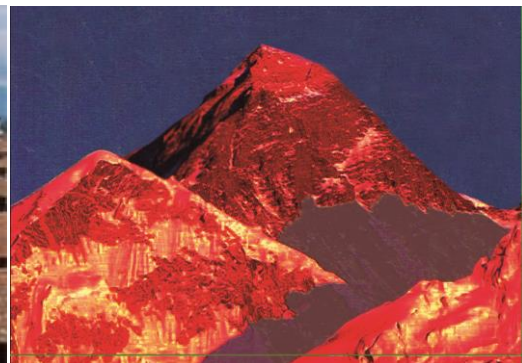
Samriddhi College is committed to inspiring and motivating students to achieve the highest standards of intellectual development as well as personal growth, through a stimulating and comprehensive educational program.

# About Kathmandu and Nepal

## Nepal & Historical Places

Nepal is the birthplace of Lord Buddha, the Champion of Peace. Lumbini is hallowed ground as Shakyamuni Buddha was born here in southern Nepal more than twenty-five hundred years ago. As a sacred birthplace, it is an important pilgrimage site for Buddhists from around the globe.

Kathmandu is the largest city (population: 1 million), the capital of Nepal and the namesake of the Kathmandu Valley. The city is located in the northwestern part of Kathmandu Valley and it covers an area of 50.67 square kilometers. The city generally has a pleasant climate with comfortable warm days followed by the cool mornings and nights. Kathmandu's Tribhuvan International Airport is the largest and only international airport in Nepal.



The city's rich history is nearly 2000 years old, as inferred from an inscription in the valley. The ancient and refined traditional culture in Kathmandu, for that matter in the whole of Nepal, is an uninterrupted and exceptional meeting of the Hindu and Buddhist ethos practiced by its highly religious people. It has also embraced in its fold the cultural diversity provided by the other religions such as Jainism, Islam and Christianity. People of other religious beliefs also live in Kathmandu giving it a cosmopolitan culture.

Kathmandu valley has been described as "An Enormous Treasure House of Art and Sculptures". These treasures are made of wood, stone, metal and terracotta, and found in profusion in various temples, shrines, Stupas, Gumbas (Gompas), Chaityas, Vihars and palaces. Kathmandu is the best place to shop in Nepal for contemporary handicrafts, fashion clothing, great books, music or traditional souvenirs and curios.