

# **WWA 11<sup>th</sup> International Conference| HYBIRD**

## **"Pathways to Global Peace through Emotional Intelligence, Positive Mental Health, Human Behavior, and Co-operative Management"**

### **About WWA 11<sup>th</sup> Int'l Conference:**

The United Nations' work towards a world of peace and prosperity for a better and more sustainable future is encapsulated in its 2030 Agenda. Over the past 12 years, the WWA International Conferences have gained worldwide recognition for their contributions to peace education, emotional intelligence, mental health, people management, and cooperative research.

The 11th International Conference will be held on the 21st and 22nd of September 2024, coinciding with the United Nations International Day of Peace, in Kathmandu, Nepal.

WWA has been striving to establish a culture of peace, aligning with the mandate of UNESCO and the Sustainable Development Goals (SDGs) of the United Nations to be achieved by 2030. Our efforts contribute to the philosophy and actions outlined in the SDGs, agreed upon by 193 countries in September 2015.

We invite submissions of research papers, review and conceptual papers, case studies, and concise thematic posters. The papers and posters should relate to the following themes and sub-themes, including but not limited to:

- 1. Emotional Intelligence and Global Peace**
- 2. People and Behavioural Management**
- 3. Positive Mental Health**
- 4. Cooperative Management**
- 5. Buddhism and Peace**

Researchers and practitioners are solicited and invited to join this international platform that offers a tremendous opportunity to discuss, share, and publish original study findings and insights in the thematic areas. We look forward to meeting and interacting with scholars,

researchers, practitioners, and policymakers from around the world in the beautiful, historic capital city Kathmandu of Nepal.

The 11th WWA International Peace Conference on 21-22 September 2024 will serve as an ideal forum for learning and networking. International scholars, researchers, educators, learners, consultants, and experts from diverse professional backgrounds will present their papers and posters on global peace initiatives, emotional intelligence research, and its applications in education, organizational behavior and management, organizational communication, society, and psychiatric fields..

### **Call for Papers and Posters**

The conference also invites research-based posters that address its themes and topics, incorporating figures, tables, and references to novel research materials. Participants wishing to present their papers in absentia via video conferencing can register by clearly indicating this preference.

## Conference Sub-themes

### 1. Emotional intelligence and peace

- Global Peace and/or Inner Peace, Interpersonal Peace, Social Peace
- Emotional Intelligence (EI/IQ), Social Emotional Learning (SEL) and Anger Management
- Self-management abilities reflect the emotional intelligence for inter peace
- Perception, use and regulation of emotions, with implications for education, health, and organizations
- Economic Development and Peace
- IT, AI, and Global Peace
- Socioeconomic and/or Ecological and/or Environmental Issues and Global Peace

### 2. Positive Mental Health and Anger Management

- Elimination of anger to Joy (Transform)
- Anger cognition in adolescence and aging people in respective societies
- Emotional Intelligence and anger cognition
- Negative anger leads to anxiety and frustration
- Positive Anger leads to society and cultures
- 

### 3. Behavioural management

- Cognitive Behavioural Therapy (CBT)
- Cognitive Psychological Management
- Human Behavioral Management
- Stress and Depression Management
- Positive Psychology, Mental Health, and Meditation
- Cooperative Members Emotional Intelligence and Agreeableness Traits
- Behavioral for Human Resources Management
- Positive Psychology, Mental Health, and Meditation
- 

### 4. Cooperative management

- Cooperative Management for sustainable peace and harmony in the society
- Comparative analyses of cooperative laws, good governance and self-regulation to Cooperatives and its members
- Cooperative business is ultimate tool for economic crisis of the society.
- Cooperative philosophy is complete and autonomous enterprises of the society.
- Cooperative leadership and emotional intelligence
- Cooperative employees emotional intelligence and organizational commitment
- Cooperative workers personality traits, and self-efficacy for organizational behavior

### 5. Buddhism and Global Peace

- Buddhist Philosophy and Peace, and/or Harmony and/or Compassion
- International Relations for Peace Diplomacy
- Transformational leadership and Buddhism
- Buddhism peace to sustainable peace and harmony
- Emerging Mindfulness Practices /Eastern, Western, Chinese, Japanese and others
- Buddhist Philosophy and Peace, and/or Harmony and/or Compassion

## **Plenary Sessions**

### **Keynote Speakers**

1. Professor Dr. Ananda, India – Psychology (In person)  
Indian Academy of Health Psychology (IAHP), India
2. Prof. Dr. Subarna Lal Bajracharya – Buddhism (In person)  
Vice-Chancellor, Lubmini Buddhist University
3. Prof. Matt Pearlstein  
Founder/Chairman, EQ4Peace Worldwide – Emotional Intelligence (In person)  
Inc., USA
4. Dr. Frederic Dufays – Co-operative (Online)  
Department of Work and Organization Studies  
Leuven, Belgium
5. Prof. Isaac K. Nyamongo, PhD, MBS (Online)  
Deputy Vice Chancellor, Academic, Co-operative Development, Research & Innovation  
The Co-operative University of Kenya
6. Dr. Antigonos Sochos, Reader – Applied Psychology (Online)  
Applied Psychology, University of Wolverhampton, United Kingdom (U.K.)

### **Panel Discussion Topics**

#### **1. Emotional Intelligence and Global Peace**

Moderator by *Prof. Matt Prelestin, USA*

### **Pre- Conference Workshops**

#### **1. Anger Management through Behavior Technology**

Conduction by **Dr. Jyan, India**

#### **2. Innovative Cooperative Management: Insights from India's Cooperative Movement Advancing Nepal's Cooperative Sector**

Conduction by *Dr. Sagar Wadkar, India*

### **Abstract and Paper Publication**

- All accepted abstracts will be published in the conference abstract book. Authors must register and complete the registration fee payment for their papers to be included.
- Registered participants of the conference have the opportunity to publish their papers in the WWA International Journal (ISSN 2231-3303). Papers will be selected based on merit and relevance to the journal's theme. Selected papers will undergo blind peer-review by relevant scholars before publication.

## **11<sup>th</sup> International Conference**

### **Chief Patron**

**Prof. Matt Perelstein**

CEO/Co-Founder, EQ4Peace Worldwide, Inc. - USA

### **Special Patron**

**Prof. Dr. Subarna Lal Bajracharya**

Vice-Chancellor, Lumbini Buddhist University, Nepal

### **Patrons**

#### **Dr. Chiranjibi Bhattarai**

President, Global Peace Foundation Nepal

**Mr. Uday Raj Paudel**

Principal, Quest International College, Pokhara University

### **Honorary Patrons**

**Prof. Dr. Nandita Sharma,**

Head, Central Department of Psychology, Tribhuvan University

### **National Advisory Committee Chair**

**Mr. Mukunda Raj Khanal,**

Chairman, Bachan Saving and Credit Cooperative Ltd.

## **WWA 11<sup>th</sup> International Conference Organizers**

### *Conference Chair*

**Prof. Dr. Arhan Sthapit**

Dean, Faculty of Management and Law

### *Conference Organizing Secretary*

**Dr. Dess Mardan Basnet**

Founder/President, World Without Anger (WWA)

### *Convener*

**Asst. Prof. Dr. Sandesh Dhakal**

Central Department of Psychology, Tribhuvan University

### *Co-convener*

**Dr. Dola Mujumder**

Vivekananda College for Women, University of Calcutta, India

## International Scientific Committee

<b>Chairperson</b>	
<p><b>Prof. Dr. Murari Prasad Regmi</b>  Tribhuvan University Teaching Hospital (TUTH),  Department of Psychiatry &amp; Mental Health  Tribhuvan University, NEPAL</p>	
<b>Members</b>	
<p><b>Dr. Antigonos Sochos, Reader</b>  Applied Psychology, University of  Wolverhampton, United Kingdom (U.K.)</p>	<p><b>Prof. Dr. Usha Kiran Subba</b>  Former Head, Department of Psychology  Tri-chandra Multiple Campus  Tribhuvan University</p>
<p><b>Prof. Dr. Purusotam Singh</b>  Former Professor, Independent University  Bangladesh</p>	<p><b>Mr. Frederic Dufays</b>  Department of Work and Organization  Studies  University of Leuven, Naamsestraat 69 - box  3530 3000 Leuven, Belgium</p>
<p><b>Assoc. Prof. Dr. Jiban Khadka</b>  Faculty of Education &amp; Social Sciences  Nepal Open University (NOU), Nepal</p>	<p><b>Mr. Robert Ingram</b>  Board of Director, EQ4Peace Worldwide Inc.,  USA</p>
<p><b>Assoc. Prof. Dr. Rajendra Man Shrestha</b>  Padma Kanya Campus  Tribhuvan University, Nepal</p>	<p><b>Prof. Dr. Keshav Raj Khadka,</b>  Department of Economics  Faculty of Social Sciences, Tribhuvan  University, Nepal</p>
<p><b>Dr. Dess Mardan Basnet</b>  Head, Co-ops Research Cell, Bachan Saving  and Credit Co-operative Ltd.</p>	<p><b>Prof. Dr. Anand Kumar</b>  Chairman  Indian Academy of Health Psychology, India</p>

## International Advisory Committee

<p><b>Mr. Dipak Prakash Baskota</b>  International Advisory Committee Chair  First Chair of the National Cooperative Development Board, Govt. of Nepal and Former President,  National Cooperative Federation(NCF), Former State Home Minister, Government of Nepal</p>		
<b>Members</b>		
<p><b>Dr. Ashis Sen</b>  Founder of Ashis Sen  Consulting &amp; Coaching/ Vice  Chairman of Forum for  Emotional Intelligence  Learning, India</p>	<p><b>Prof. Isaac K. Nyamongo, PhD</b>  Deputy Vice Chancellor  Academic, Co-operative  Development, Research &amp;  Innovation, The Co-operative  University of Kenya</p>	<p><b>Er. Ram Rohan Panta</b>  Former Chairperson  Global Peace  Foundation(GPF) Nepal  Kathmandu, Nepal</p>

<b>Dr. Gautam Majumder</b> Consultant-Expert- Livelihood: World Bank, India	<b>Dr. Mohammad Ali Khalid</b> Adjunct Faculty, Ahsanullah University of Science & Technology, Bangladesh	<b>Mr. Shiva Prasad Paudel</b> Former Director, Nepal Co- operative Development Board (NCDB), Nepal
<b>Prof. Dr. Mahima Birla</b> Director IQAC at Narayana Business School, Ahmedabad   Former Dean, Faculty of Management, Pacific Academy of Higher Education and Research University, Udaipur	<b>Dr. Khagendra P. Subedi</b> Sr. Psychologist Joint Secretary, Public Service Commission, Government of Nepal	<b>Assoc. Prof. Dr. Madhya Zhagan</b> Department of Psychology University of Malaysia Kuala Lumpur, Malaysia
<b>Prof. Dr. Shishir Subba</b> Former Head, Department of Psychology Tribhuvan University, Nepal	<b>Dr. Ghyendra Paudel</b> Cooperative Specialist Kathmandu, Nepal	<b>Dr. Sagar Kisan Wadkar</b> Advisor (Research & Study) National Cooperative Union of India (NCUI), India

### **International Coordination Committee**

**Chairperson:** *Anoop Shresthacharya, CEO, World Without Anger (WWA)*

**Members:**

Asst. Prof. Naniram Sapkota, M.Phil, Faculty of Management & Law, Nepal Open University (NOU)

Mr. Ramesh Kunwar, Faculty, Quest International College, Gwarko, Lalitpur, Nepal

Dr. Laxman Shakya, Vice President, World Without Anger (WWA)

Mr. Manik Ratna Shakya, Lumbini Buddhist University (LBU), Lumbini, Nepal

Mr. Manohari Tiwari, Board Member, Bachan SACCOS, Nepal

### **IT & Promotion Committee**

**Coordinator:** Mr. Anup Aryal, Board Member, WWA

Mr. Dillip Phuyal, Video/Photographer, WWA

<b>Conference Management Committee</b>	<b>Hospitality Committee</b>
<p><b>Chairperson:</b> Mr. Suresh Dhimal, Treasurer, World Without Anger(WWA)</p> <p><b>Members:</b> Dr. Shaligram Bhattarai, Executive Member, WWA Mr. Krishna Prasad Dangol, Member, Education Sub- Committee, Bachan SACCOS Mr. Desh Raj Banjara, Asst. Managing Director, Bachan SACCOS Ms. Nanimaiya Paudel, In-charge, Account Dept., Bachan SACCOS</p>	<p><b>Chairperson:</b> Mr. Bharat Giri</p> <p><b>Co-Chair:</b> Mr. Dipendra Phuyal, WWA</p> <p><b>Members:</b> Mr. Purshottam Giri Mr. Hari Chandra Phuyal Ms. Ishwori Lohani Mr. Chandra Kumar Wagle Mr. Shantidip Regmi</p>

## Who should participate?

- Educational leaders and academicians, including research scholars
- Government representatives and policymakers
- Members from civil societies, NGOs, and INGOs
- Individuals interested in emotional intelligence, organizational behavior, and psychology research
- Managers, HR practitioners, and executive-level decision-makers
- Behavioral and social scientists
- Students and learners

## Important Dates

21st August 2024	Deadline for submitting abstracts
28th August 2024	Notification of acceptance
6th September 2024	Deadline for submitting full papers
18th September 2024	Deadline for submitting PPTs/Slides
22th September 2024	Registration deadline
21st - 22nd September 2024	Conference dates

## Registration Details

Participants are requested to register by sending the duly filled Registration Form via email, along with their research paper and registration fees (via Money Transfer/SWIFT Transfer). Bank details are available on the registration form and can be obtained from the Conference Secretariat.

Regd. Fees: Categories	SAARC Countries		Int’L Delegates		*Spot Regd.
	**Early – bird Regd. May,31, 2024	Normal Regd.	Early –bird Regd. May, 31, 2024	Normal Regd.	
Industrial Delegates	45 US\$	50 US\$	250 US\$	300 US\$	350 US\$
Academic Faculty	40 US\$	50 US\$	200 US\$	300 US\$	350 US\$
Research Scholar	30 US\$	40 US\$	200 US\$	250 US\$	300 US\$
Participants/ Students	35 US\$	40 US\$	200 US\$	250 US\$	275 US\$
Native participants	1500 NRs.	2000NRs			
Institutional Participants	100 US\$				

\*\* Early-bird registration refers to the registration till May, 31, 2024

\*Spot registration refers registration on the conference venue itself.



### **Registration fees include**

- Hi-tea, lunch, snacks, and tea provided on both conference days.
- Conference kit including a printed conference abstract book, program details, and other publications.
- Personalized conference completion certificate

### **Abstract or Paper Submission**

Papers and presentations must be in English. The abstract should be within 250 words, and the full paper should not exceed 3000 words. All submissions, including those from co-authors, should be sent to the Conference Secretariat. All papers and abstracts will undergo review, and authors will receive notification of the review decision within two weeks of submission. Only electronic submissions will be accepted.

Contact Email: [wwa2024conference@gmail.com](mailto:wwa2024conference@gmail.com)

### **Contact for Queries**

Dr. Anoop Shresthacharya, Conference Coordinator  
11<sup>th</sup>International Conference, International Coordination Secretariat  
Email:[anoop@worldwithoutanger.org](mailto:anoop@worldwithoutanger.org)  
<http://www.worldwithoutanger.org>  
Mobile No.977-9841278935

## **About Us**

### **World Without Anger (WWA) - Nepal**

Registered in August 2007 under the Societies Registration Act of 1977, WWA is a non-governmental, non-profit organization dedicated to promoting emotional intelligence education. Our mission is to prevent the destructive effects of anger on individuals, families, and communities while fostering global and local peace initiatives, particularly in Nepal, the birthplace of Lord Buddha. WWA is affiliated with EQ4Peace Worldwide, Inc., USA, collaborating with international peace-promoters to strategically advance peacebuilding efforts.

Since inception, WWA has aimed to cultivate an anger-free society, inspired by Dr. Dean Van Leuven's principles outlined in his book "Life Without Anger." Our initiatives include providing emotional intelligence training to school and university students, communities, governmental bodies, and other service organizations. This training transforms negative emotions into positive outcomes, promoting emotional literacy globally to contribute to world peace.

## **Global Peace Foundation (GPF) - Nepal**

The Global Peace Foundation (GPF) is an international, non-sectarian, non-partisan, non-profit organization that advocates for an innovative, values-based approach to peacebuilding, guided by the vision of One Family under God. GPF collaborates with a global network of public and private-sector partners to develop community, national, and regional peace-building models, fostering ethical and cohesive societies.

GPF emphasizes universally recognized principles and shared values as crucial elements for promoting social cohesion within nations and across the global community. Since 2010, GPF Nepal has partnered with WWA to organize international conferences focused on themes related to global peace, emotional intelligence, psychology, and behavioral sciences.

## **EQ4Peace Worldwide, Inc., USA**

EQ4Peace is an international non-profit organization based in the USA, dedicated to promoting global peace through Emotional Education (EQ). The organization believes that widespread knowledge of emotional intelligence can empower individuals to cultivate peace within themselves and in their surroundings. Their ambitious goal is to have one billion people practicing EQ by 2039, with the vision of universal adoption by 2050.

## **Nepal Open University (NOU), Nepal**

Nepal Open University is a public university in Nepal specializing in distance learning. Established in 2016 through an act of Parliament, the university's degrees are recognized as equivalent to those awarded by other Nepali universities under the University Grants Commission. Nepal Open University offers academic programs ranging from Bachelor's to PhD levels across three faculties: Faculty of Management & Law, Faculty of Education & Social Sciences, and Faculty of Science, Health & Technology

## **Lumbini Buddhist University (LBU)**

Lumbini Buddhist University (LBU) was formally established in November 2006, with the approval of parliament as Lumbini Bauddha Vishwavidyalaya. LBU is an autonomous and public institution of higher learning committed with the mission to educate the people of Nepal and enrich the global learning community through the application of core Buddhist values and to promote the World Peace. Prof. Dr. Talasi Ram Vaidya was the first Vice-Chancellor of this University. LBU has a noble vision of promoting world peace, harmony, and prosperity through its teachings and research. It strives to achieve this by offering comprehensive education in various fields of Buddhist philosophy, literature, education, culture, and other subjects that

facilitate the cultivation of precepts and human virtues such as peace, empathy, companion, and compassion.

## **Quest International College**

Established in 2009, Quest International College (QIC) is committed to delivering high-quality management education and professional development skills to its students. Located in Gwarko, Lalitpur, Nepal, QIC offers BBA, BHM, and MBA programs affiliated with Pokhara University, Nepal, and City and Guilds, UK.

QIC provides an excellent learning environment with modern infrastructure, adequate facilities, and a standard academic atmosphere. It serves as an applied Management School aimed at nurturing aspiring entrepreneurs and future business leaders capable of effectively managing both government and private organizations.

## **About Kathmandu and Nepal**

Nepal, the birthplace of Lord Buddha, revered as the Champion of Peace, holds Lumbini in southern Nepal as a sacred pilgrimage site. It is here, over twenty-five hundred years ago, that Shakyamuni Buddha was born, drawing Buddhists from around the world.

Kathmandu, the capital and largest city of Nepal with a population of 1 million, lies in the northwestern part of the Kathmandu Valley, covering an area of 50.67 square kilometers. The city enjoys a generally pleasant climate characterized by warm days and cool mornings and nights. Kathmandu's Tribhuvan International Airport serves as Nepal's largest and sole international airport.





## Nepal & Historical Places

Kathmandu, with a history spanning nearly 2000 years based on valley inscriptions, celebrates a rich and ancient culture blending Hindu and Buddhist traditions. This cultural tapestry also embraces influences from Jainism, Islam, and Christianity, creating a cosmopolitan ambiance where diverse religious beliefs coexist.

Described as a "Vast Repository of Art and Sculptures," the Kathmandu Valley showcases abundant treasures crafted from wood, stone, metal, and terracotta. These exquisite works adorn temples, shrines, stupas, gumbas, chaityas, vihars, and palaces. Kathmandu is renowned in Nepal for its vibrant markets offering contemporary handicrafts, stylish apparel, literature, music, traditional mementos, and unique curiosities.

- **Kathmandu Durbar Square:** Located in the heart of Kathmandu, this UNESCO World Heritage Site is home to ancient palaces, temples, and courtyards dating back to the medieval era of Nepal's Malla kings.
- **Pashupatinath Temple:** One of the holiest Hindu temples dedicated to Lord Shiva, situated on the banks of the Bagmati River in Kathmandu. It is a center of pilgrimage and cremation for Hindus.
- **Bhaktapur Durbar Square:** Another UNESCO World Heritage Site, Bhaktapur Durbar Square is renowned for its exquisite art and architecture from the Malla period, including the Palace of 55 Windows and Nyatapola Temple.

- **Swayambhunath Stupa (Monkey Temple):** Perched atop a hill west of Kathmandu Valley, this ancient stupa is a symbol of Buddhism in Nepal and offers panoramic views of the valley.
- **Lumbini:** Birthplace of Lord Buddha, located in the western Terai plains of Nepal. Lumbini is a major pilgrimage site with monasteries, temples, and the sacred Maya Devi Temple marking the exact birthplace.
- **Changu Narayan Temple:** Oldest Hindu temple in the Kathmandu Valley, dedicated to Lord Vishnu. It is known for its historical and artistic significance, with intricate stone carvings dating back to the 4th century.
- **Janakpur:** A city in southern Nepal famous for Janaki Temple, dedicated to Goddess Sita. It holds religious significance for Hindus as the birthplace of Sita and features traditional Mithila art and architecture.